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Image by Whitney Whitehouse

PHOTOGRAPHY

# Point your camera at the Milky Way.

Explore Milky Way photography with practical advice from professional photographers to help you capture the splendor of the night sky.

**Explore Lightroom** 

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# Illuminate the Milky Way.

To harness the breathtaking star cloud of the Milky Way in a photo, you need to be at the right place at the right time. Astrophotography experts recommend:

- · Shooting the night of a new moon
- · Travelling outside city limits to limit light pollution
- · Picking the right spot during daytime

- · Trying your camera's focus magnifier feature
- Equipping a wide-angle lens
- · Using the stacking and tracking technique

## Meet astrophotography's biggest star.

The Milky Way is Earth's galaxy and home to all the stars we see in the night sky. When we look toward its center on a dark night, we see a luminous, milky cloud of stars and dust. This cloud is a popular subject for astrophotography, sometimes called night sky photography.

For all astrophotography, but especially for the best photos of the Milky Way, you need to be in the right place at the right time, with the right equipment and a patient attitude to capture amazing shots.

# Your guide to shooting stellar Milky Way photography.

Do some research and make sure you're prepared before you set out. Find a good location on an ideal night, and pack the tools you need to stay safe and avoid frustration. Don't forget a sturdy tripod, a remote shutter trigger, and potentially an intervalometer, so you don't blur the image when you take the shot.

## Beware the full moon and light pollution.

The features of the Milky Way's center are only visible in the Northern Hemisphere between April and October and in the Southern Hemisphere between February and October. During those times of year, the Milky Way is most visible on dark nights in dark places. Check a moon-phase calendar to plan your shoot on the night of a new moon (when no moon light is visible), or for times before the moon has risen or after it has set. "For those of us with day jobs, that means comparing the lunar calendar to the work calendar in order to find a weekend to go," says photographer Julia Ohst.

To avoid light pollution, you may have to travel some distance. "Light of any kind, whether it's the moon or city lights, or even small town lights, will wash out the Milky Way and make it look really dim," says Ohst. You can use a light pollution map like the Dark Sky Finder app or Dark Site Finder website to help you locate the closest dark places near you. Don't forget to check the weather to make sure the sky won't be hidden behind clouds.









Images by Julia Ohst

#### Put the foreground elements first.

Great Milky Way photos typically include some earthly elements for context. These features provide framing and perspective; without them, the viewer is just floating in space. "I really like putting dramatic mountainscapes in front of the Milky Way, or going to a lake where I can get it reflected in the water," says photographer Whitney Whitehouse. Try to find leading lines to help guide the viewer's eye to the stars. "Rocks can create a line leading the eye up to the Milky Way. Trees or dimly lit buildings are also options," says Ohst.

#### Scout your shot in the daytime.

Though you can't see the Milky Way during the day, you can still explore the area, choose foreground elements, and plan the framing for your shots. Both Ohst and Whitehouse recommend using the PhotoPills app on your smartphone to help you see where the Milky Way will be throughout the night. "If I'm standing in front of a cool foreground, I can turn on the augmented reality in the app and move the Milky Way with my finger, which drags it in time," Ohst explains. "The app allows me to capture several different compositions within one night."

It's also much easier to find the right spot and set up your equipment while the sun is out. Especially if you're in a place that's popular with astrophotographers, you don't want to have to work around them in the dark or potentially upset their work with your headlamp while you set up. "Know where you want to shoot from and what direction you want to shoot so that you don't have to do a lot of that in the dark," says Whitehouse.

#### Take care in the dark.

Ohst recommends another app, Gaia GPS, for navigating in the night. "Just press record when you're leaving your car, and it will record the path you walk on. It even works if you have no signal, so you can always get back to your car." To capture multiple compositions in a night, you can drop a waypoint for each spot so you can find it in the dark.



Image by Whitney Whitehouse

# What to do with your camera.

It takes patience and practice to find the right camera settings to shoot night photography. The LCD screen on your DSLR camera might make everything seem extremely bright in the dark, so use your camera's histogram to make sure your shot is bright enough.

## Focus on a bright star.

To focus on objects that are 25,000 light-years away, you can't rely on your camera's auto-focus. "You need to have the ability to manual focus, to set your ISO, aperture, and shutter at exactly what you want, so you need to go full manual," Whitehouse says. One option, if your camera has it, is to use the focus magnifier feature ("Live View" on a Nikon) to pull your focus. "I find the brightest star in the sky, focus magnify on that, get it to where it's super-crisp, and that makes the entire scene perfectly crisp," Whitehouse says.

"It doesn't always work perfectly the first time," says Ohst. "So once I do that, I zoom back out, take a test shot, and then I zoom way in on the test shot to see if my stars are pinpoint. Often they're not and I have to try it again." Ohst recommends checking and double-checking your focus, especially if you change your camera orientation, because you might accidentally touch the focus ring and lose your shot. "And there's no fixing that at home," she cautions.

If you're new to photography and you aren't comfortable with manual mode yet, try setting your focus before the sun sets. "One trick that you can use is to focus on the thing that's the furthest away in the landscape. Then when it gets dark, you don't have to worry about it," says Whitehouse.



Image by Whitney Whitehouse

### Play with the exposure triangle.

The exposure triangle is the balance of focal length, shutter speed, and ISO that results in properly exposed photos. For best results shooting the Milky Way, use a wide-angle lens (Whitehouse recommends something between 14mm and 20mm). A shorter focal length will help you to take a longer exposure without blurring the stars. The aperture setting controls the amount of light that enters the camera, with a lower f-number allowing more light. "Some of the prime lenses that I have go down to a maximum aperture of f/1.4, which is ideal for astrophotography," Whitehouse says.

Finally, the ISO refers to the sensitivity of the light sensor in your digital camera. Whitehouse starts with the ISO around 3,200, along with a very low aperture of f/1.8 or f/2.8, and a shutter speed set for a 30-second exposure. "If that's too bright, I'll pull back the ISO to a lower number and maybe cut a few seconds of exposure time," she says. Ohst says it's important to have a camera that can go up to a high ISO to capture as much starlight as possible.

#### Use technology to avoid star trails.

One of the biggest challenges in Milky Way photography is letting enough light into your camera's sensor without creating star trails (bright streaks that show the movement of the stars over long exposures). You can avoid those by raising the ISO setting on your camera. "I shoot at ISO 6,400, 8,000, sometimes even 10,000, depending how dark it is," says Ohst. "But when you shoot at those ISOs, the picture is really noisy. You can see pixels and they might be odd colors." Photographers use two techniques for long exposure noise reduction: stacking and tracking.



Image by Julia Ohst

- Stacking: To stack, you take the same photo 10 to 20 times in a row. Then you run the
  photos through a program like Starry Landscape Stacker for Mac and Deep Sky Stacker or
  Sequator for PC. The software layers the photos, one on top of the other, using an algorithm.
  Ohst typically uses the Median algorithm, which finds the median (middle) value of every
  pixel. "That way, if you have a colored pixel in there, it gets averaged out," Ohst says.
- Tracking: "Tracking" refers to tracking the movement of the stars. To track, you put a tracker device on top of the tripod and align it to the polar axis of the sky, and it moves as the sky moves. You can take photos with longer exposures, keeping your ISO low and avoiding star trails. The drawback to tracking is that the foreground will blur. "Many people use stacking and tracking at the same time. They'll stack only two to four images," Ohst says, "but those exposures might be as long as four minutes."

### Light the foreground.

"The most compelling images of the Milky Way have a really interesting foreground," Ohst says. But that's difficult to achieve when you're exposing for the night sky. "If you want to capture everything in one shot, you're best off doing low-level lighting." Ohst uses an LED panel that

allows her to set the brightness and color temperature, or white balance. At the lowest possible setting, it's still too bright, so she covers it with layers of white fabric.

Whitehouse will do a quick light painting of the scenery with her headlamp. "If there are mountains in the foreground, I'll usually just try to brighten the mountains in post-processing," she says. Ohst cautions that light painting won't work with photo stacking because it's hard to replicate the light over several shots. "And," she adds, "it can really annoy other photographers who might be around." (Whitehouse recommends using a red headlamp when changing camera settings so you don't annoy nearby photographers.)

#### Experiment with photo blending.

With Adobe Photoshop, you can blend your perfect photo of the Milky Way with your perfect blue-hour photo of the foreground. It can take a lot of time to mask the horizon of one photo, especially if there are trees. "I've learned to avoid trees," Ohst says.





Images by Whitney Whitehouse

#### Make the Milky Way shine in post-processing.

Find the perfect edits of your photos with Adobe Photoshop Lightroom. "Use Lightroom to bring up the saturation and vibrance more than you would for other kinds of shots, and avoid increasing contrast too much, because then the stars can look crunchy or overly processed," says Ohst. For more tips on adjusting your photos in Lightroom, check out tutorials on how to reduce noise and how to edit the foreground while leaving the background untouched.

As you begin your photographic journey to the core of our galaxy, remember to move carefully in the dark, be respectful of other photographers, and be patient with yourself. Mistakes are inevitable, but with practice you're sure to capture fantastic shots.

### Contributors

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